## Disclaimer

Please read this Disclaimer carefully before using the Website.

This Disclaimer is organized into the following sections:

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#### 1. Use & Consent

Welcome to https://www.livingwellwithtaylor.com/. This Disclaimer, along with our Terms & Conditions and Privacy Policy, govern your use of our website, email, text messaging, other forms of electronic messaging, offline activities, in-person events, and third-party partners or vendors (the "Site").

The Website is owned and operated by Living Well, LLC, a Nebraska limited liability company (the "Company," "we," or "us"). The term "you" refers to the user or viewer of the Website, whether as a guest or a registered user.

By using or viewing the Website, or any of the information or content made available on or through the Website, you accept and agree to all parts of this Disclaimer. If you do not agree to this Disclaimer, please immediately leave the Website and stop using its content.

## 2. For Educational and Informational Purposes Only

Information and content provided on or through this Website is for educational and informational purposes only.

#### 3. Not Professional Advice

Information and content provided on or through the Website does not constitute and cannot be relied upon as professional advice and is not intended to be a substitute for the professional advice of your own personal or business attorney, accountant or financial advisor. Any action you take upon the information and content provided on or through the Website is strictly at your own risk, and we will not be liable for any losses and damages. Always consult with your own attorney, accountant or financial advisor for any and all questions and concerns you have pertaining to your specific legal and financial situation.

### 4. Not Medical Advice

We are not, nor are holding ourselves out to be a doctor, physician, nurse, physician's assistant, advance practice nurse, or any other medical professional ("Medical Provider"), psychiatrist, psychologist, therapist, counselor, or social worker ("Mental Health Provider"), registered dietician or licensed nutritionist. Although we provide life/health coaching, in the role of a coach, we are not holding ourselves out to be a Medical Provider or Mental Health Provider, providing health care, mental health care, medical or nutritional therapy services, or attempting to diagnose, treat, prevent or "cure" any physical, mental or emotional issue, disease or condition.

Information and content provided on or through the Website do not constitute and cannot be relied upon as medical advice and is not intended to be a substitute for the professional advice of your own Medical Provider or Mental Health Provider. Do not disregard medical advice or delay seeking medical advice because of information you have read on or through the Website. Do not start or stop taking any medications without speaking to your own Medical Provider or Mental Health Provider. Any action you take upon the information and content provided on or through the Website is strictly at your own risk, and we will not be liable for any losses and damages. If you have or suspect that you have a medical or mental health condition, contact your own Medical Provider or Mental Health Provider promptly. The information contained on this Website has not been evaluated by the Food and Drug Administration.

## 5. Not Religious or Spiritual Advice

While we may have general conversations with clients to facilitate the process of personal, professional and spiritual growth and development, we are not religious or spiritual advisors, nor do we hold ourselves out to be. Information and content provided on or through the Website do not constitute and cannot be relied upon as religious or spiritual advice and is not intended to be a substitute for the advice of a trained religious or spiritual advisor. Any action you take upon the information and content provided on or through the Website is strictly at your own risk, and we will not be liable for any losses and damages. Always seek religious or spiritual advice from your own religious or spiritual advisors relating to your specific circumstances as needed.

#### 6. Results Vary

Information and content provided on or through the Website is intended to accurately represent our programs, products, and services; however, due to the nature of our programs, products, and services, results experienced by clients vary significantly. We cannot be held responsible for this

variance. Each individual's success depends on their own desire, motivation, commitment, effort, actions, follow-through, unique background and other factors.

#### 7. No Guarantees

We do not represent or guarantee that you will attain a particular outcome or result from using the information or content provided on or through the Website. There are no guarantees as to the progress or results you can expect from using the information or content you receive on or through the Website. Prior results of other individuals or businesses do not guarantee a similar outcome.

## 8. Personal Responsibility

We are committed to helping you achieve your goals, but you are solely responsible for your progress and results, now and in the future. You agree to use your own judgment and due diligence before implementing any idea, suggestion or recommendation from the Website to your life, family or business. You are voluntarily making decisions as to your use, or non-use, of any information or content provided on or through this Website with the full awareness that there may be risk involved. You accept full responsibility for discerning the risks of using the information and content provided on or through the Website and the consequences of your use, or non-use, of any information or content provided on or through this Website. You are aware that you have the right to consult your own professionals prior to using the Website or its information or content. We cannot be held responsible for any decisions or for any consequences of the decisions you make from the use or misuse of the information or content provided on or through the Website.

### 9. Testimonials

The Website may present real world experiences, testimonials, and insights about other people's experiences with the information or content provided on or through the Website. The testimonials, examples, and photos used are of actual clients and results they personally achieved, or they are comments from individuals who can speak to our character and/or the quality of our work. Each of these unique client stories, and any and all results reported in these stories, are the culmination of numerous variables, some of which we cannot control. They are not intended to represent or guarantee that current or future clients will achieve the same or similar results; rather, these testimonials represent what is possible for purposes of illustration only.

## 10. Third Party & Affiliate Links

There may be instances when we provide references or links on the Website to the information, content, opinions, advice, programs, products or services of other individuals or businesses. We cannot be held responsible for the information or content of third parties referenced on or through the Website, or of any other individual or business affiliated with us in any way.

There may be instances when we may promote, affiliate with, or partner with other individuals or businesses whose programs, products and services align with ours. In the spirit of transparency,

we want you to be aware that from time to time we may receive financial compensation or other incentives from our affiliate partners whom we promote, market, share or sell programs, products or services. You are assuming all risks, and we cannot be held liable in any way for any program, product or service that we may promote, market, share or sell on or through the Website.

#### 11. No Endorsements

Although we are highly selective and only promote affiliate partners whose programs, products or services we respect, such promotion or marketing does not serve as our formal endorsement. You are required to use your own judgment to determine whether any such program, product or service is appropriate for you. References or links on the Website to the information, opinions, advice, programs, products or services of any other individuals or businesses do not constitute our formal endorsement. We are merely sharing information and content for your own self-help only. Likewise, should this website link appear in any other individual's or business's website, program, product or services, it does not constitute our formal endorsement of them, their business or their website.

#### 12. Errors and Omissions

Although care and effort has been made in preparing the information and content provided on or through the Website to ensure the accuracy of information and content shared with you, the information and content may be incomplete or inadvertently contain inaccuracies or typographical errors. We cannot be held responsible for the accuracy of the Website, for any errors or omissions that may occur, and do not accept liability for any loss or damage you may incur.

Likewise, we cannot be held responsible for the accuracy, errors or omissions of third parties or of any other individual or business affiliated with us in any way, referenced on or through the Website.

### 13. No Warranties

Information and content provided on or through the Website is provided "as is" and "as available," without representation or warranty of any kind. We do not represent or warrant that such information or content is or will be always current, complete, or accurate. We make no warranties related to the performance or operation of the Website.

TO THE FULL EXTENT PERMISSIBLE BY LAW, WE DISCLAIM ALL WARRANTIES, EXPRESS OR IMPLIED, INCLUDING THE IMPLIED WARRANTIES OF TITLES, MERCHANTABILITY, AND FITNESS FOR A PARTICULAR PURPOSE.

### 14. Disclaimer of Liability

Living Well, LLC and its representatives and agents expressly disclaim all liability for any losses and damages with respect to any action taken or not taken based upon the information or content provided on the Website, or performance or operation of the Website. Any action you take upon the information and content provided on or through the Website is strictly at your own risk. Any

unauthorized use of the information or content provided on or through the Website shall be done at your own risk.

Likewise, we expressly disclaim all liability for any losses and damages with respect to any action taken or not taken based upon the information or content of third parties or of any other individual or business affiliated with us in any way, referenced on or through the Website, or the performance or operation of third-party websites.

#### 15. How to Contact Us

If you have questions about this Disclaimer, please contact us:

- By email: taylor.a.allmand@gmail.com
- By visiting this page on our website: https://www.livingwellwithtaylor.com/
- By phone: 308)-289-2601
- By mail: Living Well, LLC, 19063 Greenleaf Street, Omaha, NE 68136, United States

## 16. Notification of Changes

We reserve the right, at our sole discretion, to change, modify or otherwise alter the Website, its content and this Disclaimer at any time, with or without notice. In the event of a material change, we will notify you via email or a prominent notice on the Website.

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